

# Caring MORE in Healthcare & Business

-Guide to Benefit Students, Professionals, Patients/Clients

## ☐ Synonyms for Care:

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*verb tend to*

pay attention to

tend

watch

attend

consider

foster

mind

minister

mother

nurse

nurture

protect

sit

treasure

baby sit

keep an eye on

keep tabs on

look after

mind the store

provide for

ride herd on

take pains

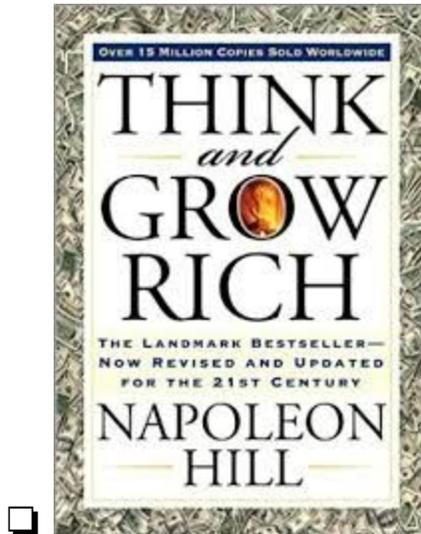
wait on

watch over

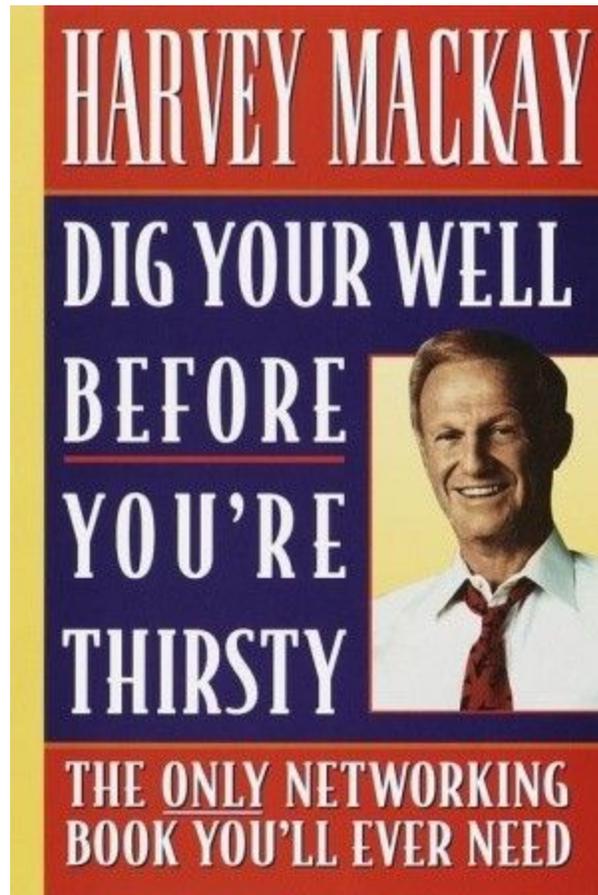


☐ This is what I teach and preach after 43 years as a student, chiropractor, business owner, father and husband.

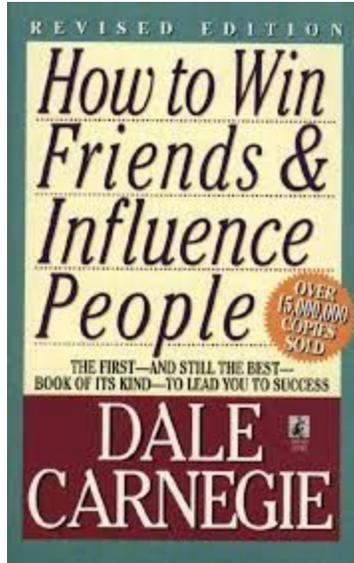
- ❑ Learn from success in your field. Set goals (daily, weekly, yearly). Join a mastermind.



❑ One of my first audiobooks-need to network.



❑ How to get people's attention:



- ❑
- ❑ Have a sense of urgency. Learn then start immediately. To begin better habits.
- ❑ Pay to Pay attention. (Time and money)
- ❑ We are all students. What and how are you learning NOW.
  - ❑ Videos, podcasts, books, blogs, etc.
  - ❑ Understand then apply to know. Repeat for 4+wks.
- ❑ Building your reputation by your character.
  - ❑ PMA. Talk/write with positivity. To other and YOU.
  - ❑ Mindset -How to learn from each experience.
  - ❑ Act to help & lift up others.

- ❑ Knowledge vs. Experience.
  - ❑ School: knowledge -what you know.
  - ❑ Intern/volunteer/work: gain experience,
    - ❑ Learn by doing it correctly and wrong.
- ❑ How volunteering/interning can help you.
  - ❑ To find one -Just ask...more.
  - ❑ Give the company/doctor/staff what they want.
    - ❑ Just work. Gain trust.
- ❑ Who are your mentors. Can you help them FIRST.
  - ❑ Find: Youtube, podcast, books, etc.
    - ❑ Face to face -masterminds, others.
      - ❑ More accountability.
- ❑ Being professional; everyone's looking.
  - ❑ Look/act in person and Online.
- ❑ Millennial/Z generation. Why you have the advantage.
  - ❑ Naturally communicate through apps, phone.

- ❑ Helps you learn programs businesses use to help them.
- ❑ Ex: Social media-help promote a biz.
- ❑ Ex: Programs to help run an biz.
- ❑ Us old professionals. Can we still learn, or are we done.
  - ❑ Use our patience, personal drive to spend the time to learn the new thing to help run/promote a biz.
  - ❑ New-marketing to show future customers you care.
- ❑ Do you have good results, long-term.
  - ❑ Quality vs. quantity.
  - ❑ Show you care.
    - ❑ Ex: call them back.
    - ❑ Beat the expectation.
- ❑ Working with a team-what is your strongest role to help.
  - ❑ It's We, not me. -set your goals this way.
- ❑ Students & Professionals. How you connect. Network now.

❑ By you doing videos, workshops, social media help connect.

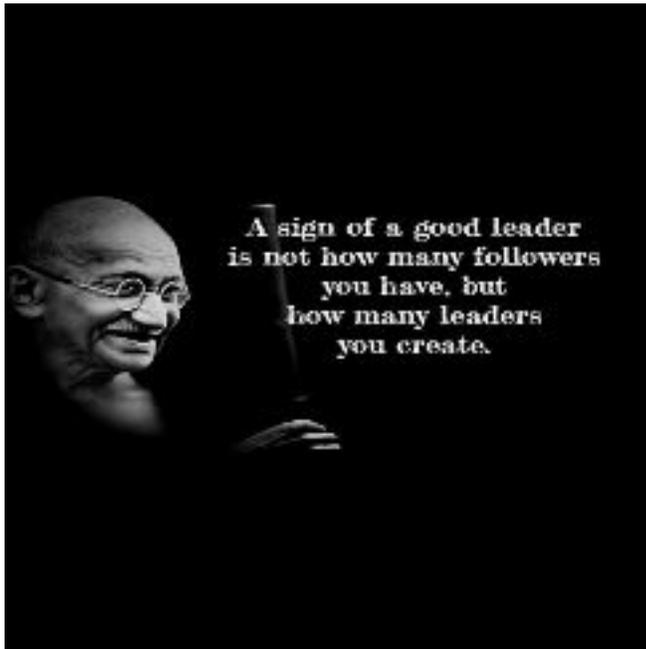
❑ Be social: meet people (buy them lunch).

❑ Do you share what you know. How.

❑ Having patience.

❑ Lead others by being the example.

❑ Mentors lead from the front.



❑

❑ Leaders find others to lead and **be mentors.**